V 0.1.0







THE GYMTHAT GOES WITH YOU



CONTENTS

Bra	and identity
Vision a	and Mission
Tar	get Market
	Problem
	Solution
	USP
Reve	enue Model
C	Calpro Path
	Our MVP
	Roadmap



About FITI 5

At Fiti 5, we are merging today's Blockchain technology with the fitness industry and helping to transform it. We are pursuing a healthy lifestyle as the main objective of our platform, using technology that will allow better data analysis by combining the latest blockchain technology in online fitness opportunities.

Today's Blockchain technology is the future of digital transactions, and we are helping to transform the fitness industry. We are a community that has come together to create a revolutionary way for people to get fit. Fit5 is a fitness platform designed to allow people to stay motivated, track their goals, and work out at their convenience with ease. Our Fiti5 platform offers a series of on-demand training courses by influencers. Walk and earn Fiti5 token rewards, a social media platform for fitness enthusiasts and nutritionists to get better results with little effort.

MADE FOR FITNESS ENTHUSIASTS

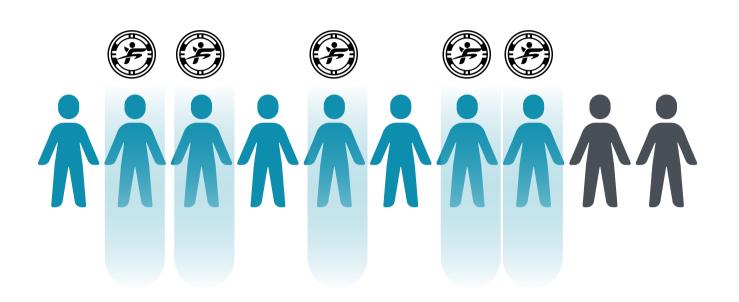


Mission

Our mission is to offer completely personalized workout and diet plan consultation with an attractive design to provide our users with a simple and easy-to-use app that will help them stay in shape, improve their overall health, and get rewarded for their progress which is monitored through blockchain.

Vision

To enhance the community's lifestyle, we provide through our fitness live trainers, workout videos, nutritionists consultancy, and fitness products and to instill the value of health and wellness in people's lives.



There are different types of individuals while talking about working out.

- 1. The fitness freaks who work out all the time.
- 2. People who are interested in doing easygoing walks whenever they can.
- 3. The people in between, always contemplating and exploring for some motivation.

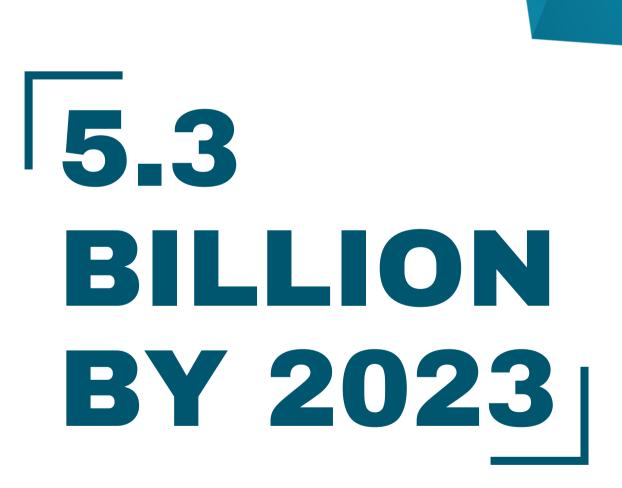
MARKET RESEARCH

Despite knowing this helpful app attributes to users, theorybased interventions support ineffective health behavior change. Research suggests that apps lack features based on health behavior theory, behavior change techniques, and evidencebased practices. This makes it difficult to determine the usefulness of traditional health behavior change methods on mobile technologies. Furthermore, apps that utilize constructs of health behavior theories may not apply all constructs of a particular idea, whether known by the app developer or not, making it impossible to determine the theory's efficacy. Interestingly, more costly apps tend to be of higher quality in terms of usability and include some behavior change techniques.



The global fitness application market size was estimated at **USD 4.4 billion in 2020** and is suspected of expanding at a CAGR of **21.6% from 2021 to 2028.** The widespread COVID-19 pandemic resulted in nationwide lockdowns and social distancing norms.

This has led to a transformation to virtual fitness applications from traditional studios and gyms. This, in turn, has raised the downloads and usage of fitness apps on devices. According to an article published in the World Economic Forum in September 2020, the global downloading rate of fitness and health apps increased by 46%. This increased usage rate of fitness apps due to a growing trend of online fitness training is driving the market globally. The escalating awareness regarding health and wellness is also driving the market.







TARGET MARKET

FITI 5 is stepping forward in the Fitness Industry. This user-friendly application replaces our traditional Fitness system; the new online app system doesn't have any geographical barrier or sources of data limit. Users tend to show brand constancy because they use the application more frequently to find the right match to their fitness routine. Anyone can access Fitness Secrets and Health care solutions worldwide with one click.





DATA INTEGRITY AND PRIVACY

Problem: An intruder can hack the device, extract all the user data, and sell it to a third party who may target him with spoofing attacks.

Solution: To secure the users' data, the Fiti5 developer should encrypt any application-generated data. They should also make the data unreadable to an unauthorized user.

HARDWARE INTEGRATION

Problem: For some fitness apps, it's hard for the app to integrate with devices other than a smartphone. Ideally, fitness apps should be compatible with all devices such as smartwatches, tablets, etc.

Solutions: APIs and SDKs are provided to the third-party app to integrate with the hardware app.

TECHNOLOGY PLATFORM

RAPID APPLICATION DEVELOPMENT

Problem: Due to hasty fitness app development, they end up making half-baked apps, which destroys the fitness app's purpose and turns into a loss.

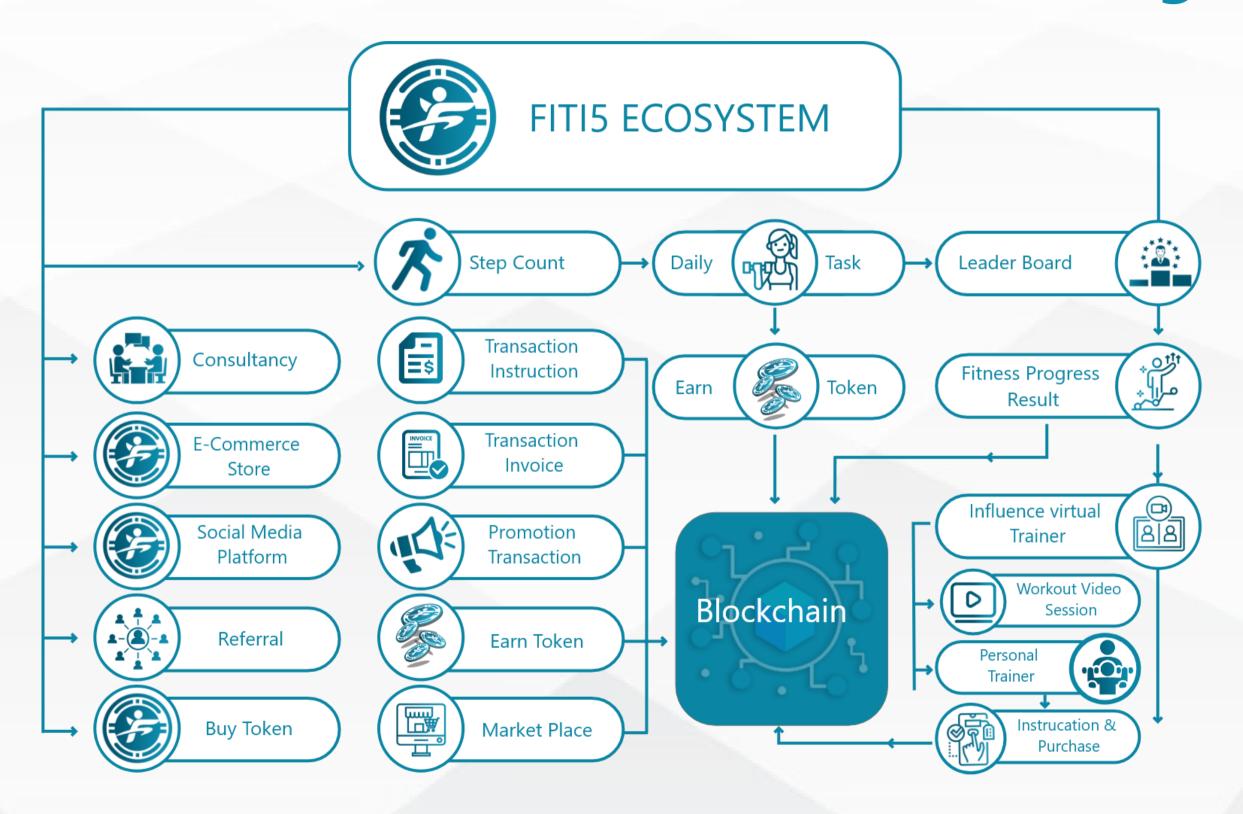
Solutions: Our Developers practice agile development to make mobile apps more accessible and result in a faster upgrade in the market.

APPLICATION UPDATES

Problem: The application's upgrading span is neglected, leaving the app wholly abandoned.

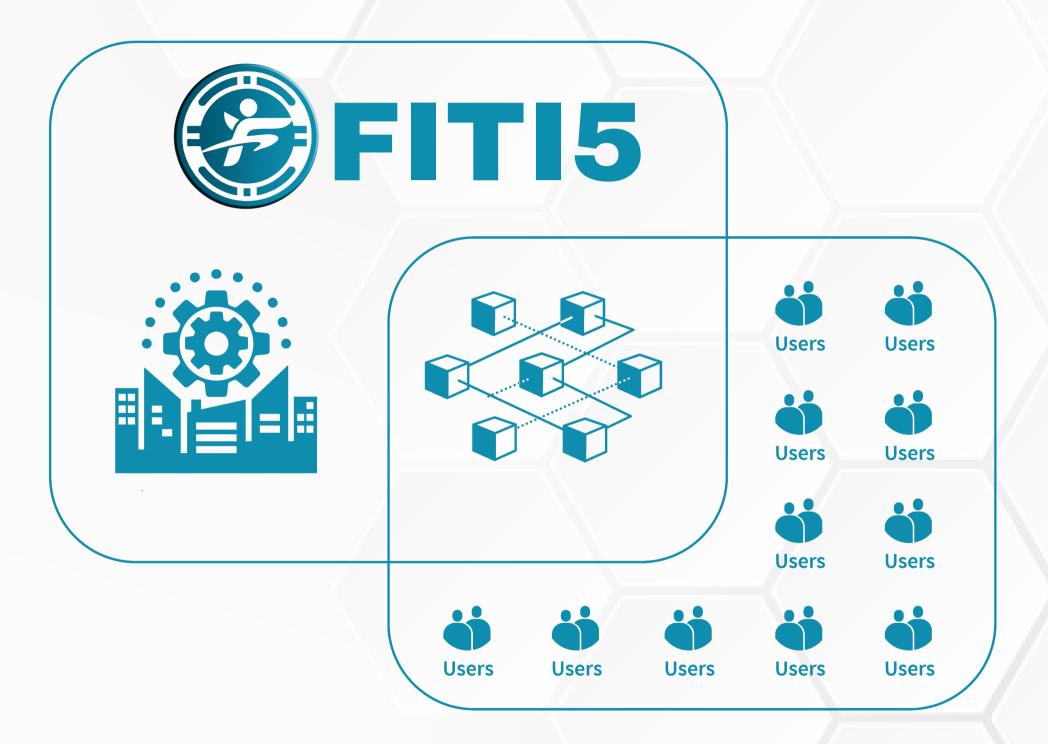
Solution: The concerned team updates the app up to date for the user convenience for easy accessibility.

FITI5 Ecosystem



The use of blockchain on our platform are mentioned below:

- 1) On purchasing an item from our in-built store, the user will receive an invoice stating the ownership of the purchased item. The invoice sent will be a Blockchain verified invoice.
- 2) Instructions given by the trainers/consultant will be recorded and verified through blockchain once the user submits a "Yes" response for every given instruction.
- 3)Footsteps taken by the user will be recorded through a pedometer running on their device and will also be verified via blockchain.
- 4)Transactions carried out on the whole platform for every purpose will be rectified and recorded on a blockchain.



Market Trend & opportunities

Health & fitness apps' usage grew by over as smartphone users diversified application usage in the last three years. Fitness tracking has become a vital part of controlling people's health, relating to their muscle growth and overall well-being. Health & fitness apps show the highest usage rates across all application categories. This symbolizes that users are committed to their fitness apps once they start utilizing them. More than 75% of active users run their health & fitness app at least two times a week. And More than 25% of users access their fitness apps more than 10 times a week who happen to be fitness freaks. As a result, usage drives up. Since technology has given us the means to easily track every aspect of our lives, improving health and fitness is no exception. Fiti5 was founded with this goal in mind to motivate people to live healthier lifestyles with fun and interactive workouts.

As a result, usage drives up. Since technology has given us the means to easily track every aspect of our lives, improving health and fitness is no exception. Fiti5 was founded with this goal in mind to motivate people to live healthier lifestyles with fun and interactive workouts. Fiti5 will be the new trend and face in the fitness industry that offers fitness in your pocket. Users can attain fitness by walking and earning tokens, following high-quality workout videos by certified trainers, consultation, etc., which will lead them to work out to get in shape anytime.



PROBLEMS

DATA INTEGRITY AND PRIVACY

Fitness devices or apps continuously store data about the user's activity into a cloud daily in order to formulate a progress report of their users. An intruder can hack the device, extract all the user data, and sell it to a third party who may target him with spoofing attacks

HARDWARE INTEGRATION

For some fitness apps, it's hard for the app to integrate with devices other than a smartphone. Ideally, fitness apps should be compatible with all devices such as smartwatches, tablets, etc

RAPID APPLICATION DEVELOPMENT

We live in a hypercompetitive market where everyone wants to build a fitness app and start an online fitness revolution through their app. But due to hasty fitness app development, they end up making half-baked apps, which destroys the fitness app's purpose and turns into a loss.

APPLICATION UPDATES

After the application is launched, a number of features need to be added along with so many bugs and vulnerabilities to fix the app; the developer loses track of which direction to go with the app. With so many decisions to be taken and loss of internal communication, the applications upgrading span is neglected, leaving the app completely abandoned.

SOLUTIONS

DATA INTEGRITY AND PRIVACY

To secure the users' data, the app developer should start encrypting any data the application generates. They should also make the data unreadable to an unauthorized user.

HARDWARE INTEGRATION

An APIs and SDKs are provided to the third party app to integrate with the hardware app.

RAPID APPLICATION DEVELOPMENT

The app developer should create an update cycle during which the concerned team must update the app no matter what other developers are proposing

APPLICATION UPDATES

App developers should practice agile development to make mobile app development more accessible and result in a faster time in the market.



Global access



Blockchain activity



Virtual trainers



Workout courses



Royalty system



Home fitness

USP



Interactive sessions



Customized Diet Plan



Fitness Report



Daily Challenges



E-Commerce Store



Fiti Socia medial



Fitinomics



Token Distribution

5% Airdrop
5% Partners & Advisors
5% Bounty
10% Tech Team

20% Reserve

55% Token sale with bonus

Fund Allocation

Reserve 23%

Development 27%

Marketing 45%

Licensing 2%

Legal 3%

Fitinomics
Ticker: Fiti5

Network: Binance Smart Chain

Token Type: BEP - 20

Private Sale Price: 1 Fiti5 = \$ 0.03 (Exclusive Price)

Public Sale Price (IFO): 1 Fiti5 = \$ 0.05 Accepted Currencies: BTC, ETH, LTC, TRX



Fiti5

Daily task

Get rewarded for completing daily, fun challenges.

Leaderboard

Earn points to be on the leaderboard! Let's walk together.

• Fitness progression result

Track your progress and get a clear picture of your overall fitness

Virtual trainers

Thousands of videos, thousands of trainers. Get Fiti5 Now.

Consultation

Reach your health and fitness goals with a plan tailored to you.

• Connect with Family & Friends

Motivate the world to fit & heal together!!

Referral commission

Earn a 10% referral commission on the purchases of your family & friends.



MVP





E-commerce

In-built Social Media Platform (coming soon)

Upload your progression on our success wall and share it with the world.

In-built Commercial store (coming soon)

Please find the best selection of gym equipment & supplements in our ecommerce store.

REVENUE MODEL REVENUE FROM INFLUENCER & VIRTUAL TRAINER

1st Year

3 st Year

5 st Year

25 % Conversion **Users 100,000**

Average Training video Cost \$ 50

25% Conversion **Users 10,000,000**

Average Training video Cost \$ 50

25% Conversion **Users 25,000,000**

Average Training video Cost \$ 50

25,000*50 = \$ 1,250,000 Gross sale

50 % \$ 625,000 50 % \$625,000

2,500,000*50 = \$ 125,000,000 **Gross sale**



6,250,000*50 = \$ 312,500,000 **Gross sale**



REVENUE FROM PERSONAL VIRTUAL TRAINER 50% INFLUENCER / 50% FITI5 RATIO FOR INCOME

5 st Year 1st Year 3 st Year

25 % Conversion **Users 100,000**

Average Training session Cost \$100 (10 sessions)

25,000*100 = \$ 2,500,000 **Gross sale**

50 % \$ 1,250,000 \$1,250,000

25% Conversion **Users 10,000,000**

Average Training session Cost \$ 100 (10 sessions)

2,500,000*100 = \$ 250,000,000 **Gross sale**



25% Conversion **Users 25,000,000**

Average Training session Cost \$100 (10 sessions)

6,250,000*100 =\$ 625,000,000 **Gross sale**



REVENUE FROM NUTRITIONIST CONSULTANCY 70% NURITIONIST /30% FIT15 RATIO FOR INCOME

1st Year 3 st Year 5 st Year

1% Achievement
Users 10000 1% Achievement
Users 50,000 Users 80,000

Consultation Cost will be \$ 100

Consultation Cost will be \$ 100

Consultation Cost will be \$ 100

10000*100 = \$ 1,000,000 Gross sale 50,000*100 = \$ 5,000,000 Gross sale 80,000*100 = \$ 8,000,000 Gross sale



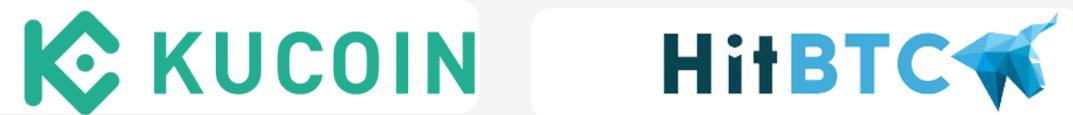




UPCOMING EXCHANGES











Road Map

Q4 2021

• Idea & Concept generation

- In-depth Market Research
- Marketing Strategy
- Website development & testing
- Whitepaper formation & designing
 - Brand Establishment

Q12022

- Website Launch
- Fiti5 Ecosystem Formulation
- Whitepaper 0.1 Version released
- Social Media Activity & Marketing Campaign
 - Private Sales Round (Exclusive Price)

Q 2 2022

- Development of social media platform
 - Influencer Partnerships
 - Tie up with certified Trainers
- Certified Fitness and Workout courses
- Nutrition Plans with Dietician
- Public Sales Round (Revised Price)

Q 3 2022

- Open platform of Social Media
 - Token Sale Round
- Dashboard & Transaction testing
- Development of E-commerce platform
- Partnership with Verified fitness product
 Suppliers

Q 4 2022

- Fiti5 CEX Listing
- Launch E-commerce platform
- Global Tie-ups with logistic companies
- New Version of platform launch

Q 1 2023

- FitPlus Ideation and concept
- MetaVerse with NFT concept
- Designing Digital identities Avatars
- Metaverse platform Fiti5 (BETA)



CONNECT WITH US

